

Leader Guide

This Leader Guide has been created to guide you, page by page, in achieving OOTW's Full potential in working with youth. Each lesson contains suggested discussion areas and questions.

Lesson 1: Pages 2-6

Objective: Identifying Personal Strengths.

1. Questions for this Lesson are contained within the Activity.

Lesson 2: Pages 7-10

Objective: Goal Setting and Getting Started.

1. Have you ever tried to set goals for yourself, either at home or at school? If you have, what was the experience like? Was setting goals helpful?
2. If setting goals did not work, is there a reason why you think they failed to help?
3. Sometimes adults may "force" goals on you. Why do you think they do this? Is it helpful? Do you think they are trying to help you by making you motivated?

Lesson 3: Pages 11-16

Objective: Making your Motivation Obvious to Others.

1. Some of these words are rather large and may be difficult to understand. Which words are difficult to understand?
2. What do these words mean to you? How can you define these words? Also how do they relate back to the word "motivation"?
3. Now that these words are understood, how have you used them in your life?

Lesson 4: Pages 17-20

Objective: Determination and Persistence.

1. Sometimes all the Determination and Persistence words give you are more difficult problems that life throws you. When that happens you need what is called Persistence. What does persistence mean to you?
2. Were you frustrated when you worked hard on the (Determination) activity, only to find that you needed another answer? How does this happen in your life?
3. Persistence is sometimes hard to go after. Hurdles like frustration, tiredness, lack of time, and others, get in the way of being persistently motivated. What are some ways that you can overcome these "hurdles"?

Lesson 5: Pages 21-27

Objective: Being Resourceful, Knowing Who to go to.

1. We see here that all the characters in the story work together to beat the ice creatures. If you had to draw an activity like this, but only included the people in your life, who would be on this list? Have the child write them in the spaces provided.
2. How does working with a partner, team, or adult help to increase your own motivation?
3. Besides other people, what else can you do to become more motivated? Make a list of these ideas to keep with you.

Lesson 6: Pages 28-30

Objective: Learning From Success, Using it in Future situations, and Learning From Rewards.

1. What is reinforcement or reward? Did you feel a sense of accomplishment after completing this activity and this book? Even though it was difficult at times you made it through. You should be proud of yourself.
2. Can reinforcement be something other than money or items that someone gives you? If so, list some ideas.
3. Max feels very proud of himself at the end of this issue. Have you ever felt proud of yourself after you persisted were successful? If so, does being proud of yourself count for being reinforced? And if so, does it increase the chances that you will be more easily motivated and determined in the future since you have already seen you can be successful at it?

MY LIST OF STRENGTHS!

Hope is encouraging Max to become motivated and work through the problem that he has created. In order to do this, Max must find what his strengths are and put them to good use. We all have strengths, some that we may not even know about. But in order to be successful, in order to become motivated, we need to learn what our strengths are. Please use another sheet of paper if you need additional space.

1. Working with a parent, teacher, counselor, or group, begin writing down what your strengths are. Challenge yourself to come up with every one that you can think of.

2. Compare your list with the ideas of others. What strengths were on both lists?

3. What strengths did you forget? Two of Max's strengths are caring and determination.

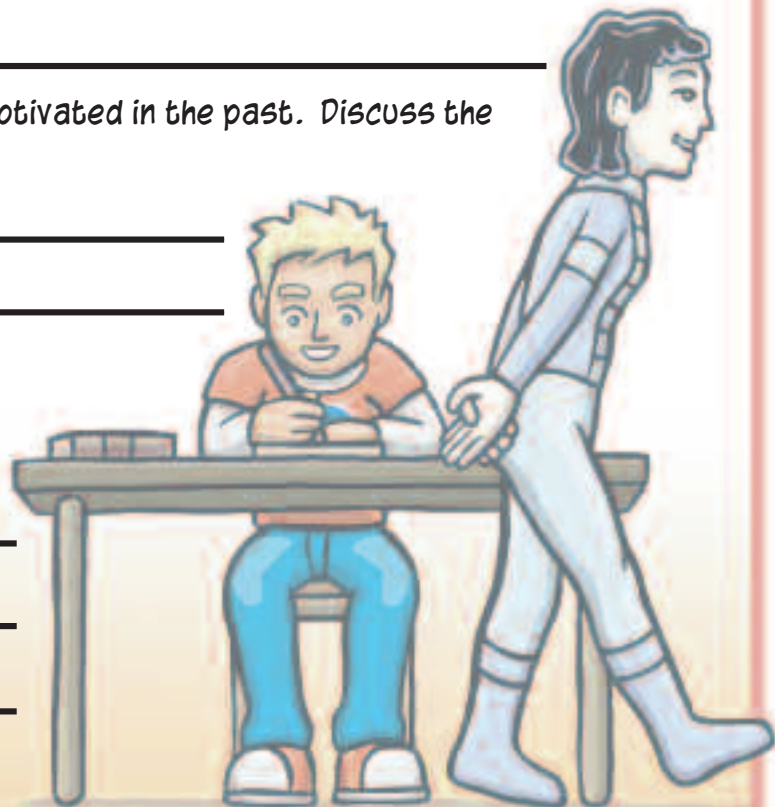
4. What strengths did others not list? Why do you think they do not see these strengths?

5. What is one of your biggest motivations in life?

6. Who are some people in your life that help you feel motivated?

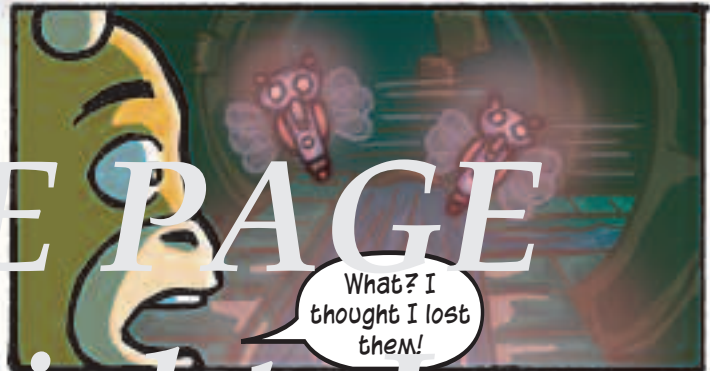
7. Discuss some ways that you have been motivated in the past. Discuss the success that you've had due to motivation.

8. What do you find rewarding, and how can you use these rewards to increase your motivation?



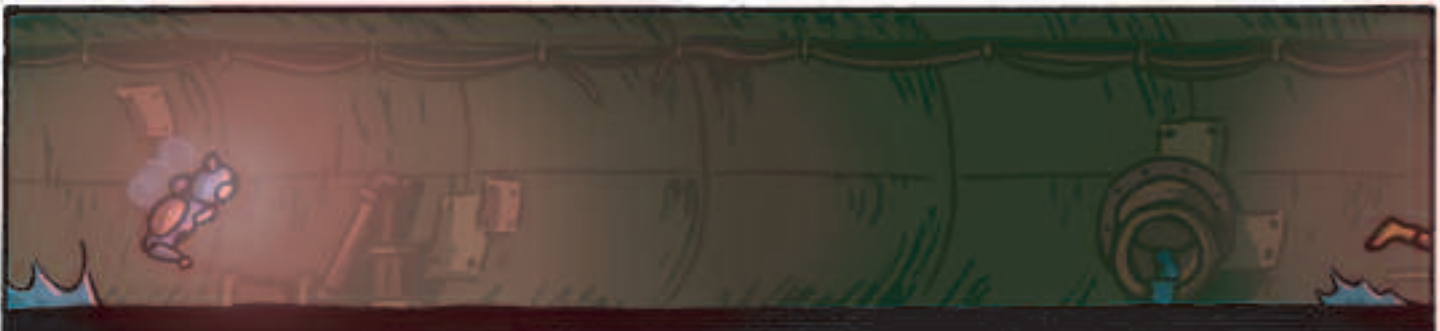
LESSON 2: GOAL SETTING
AND GETTING STARTED

Elsewhere...



SAMPLE PAGE

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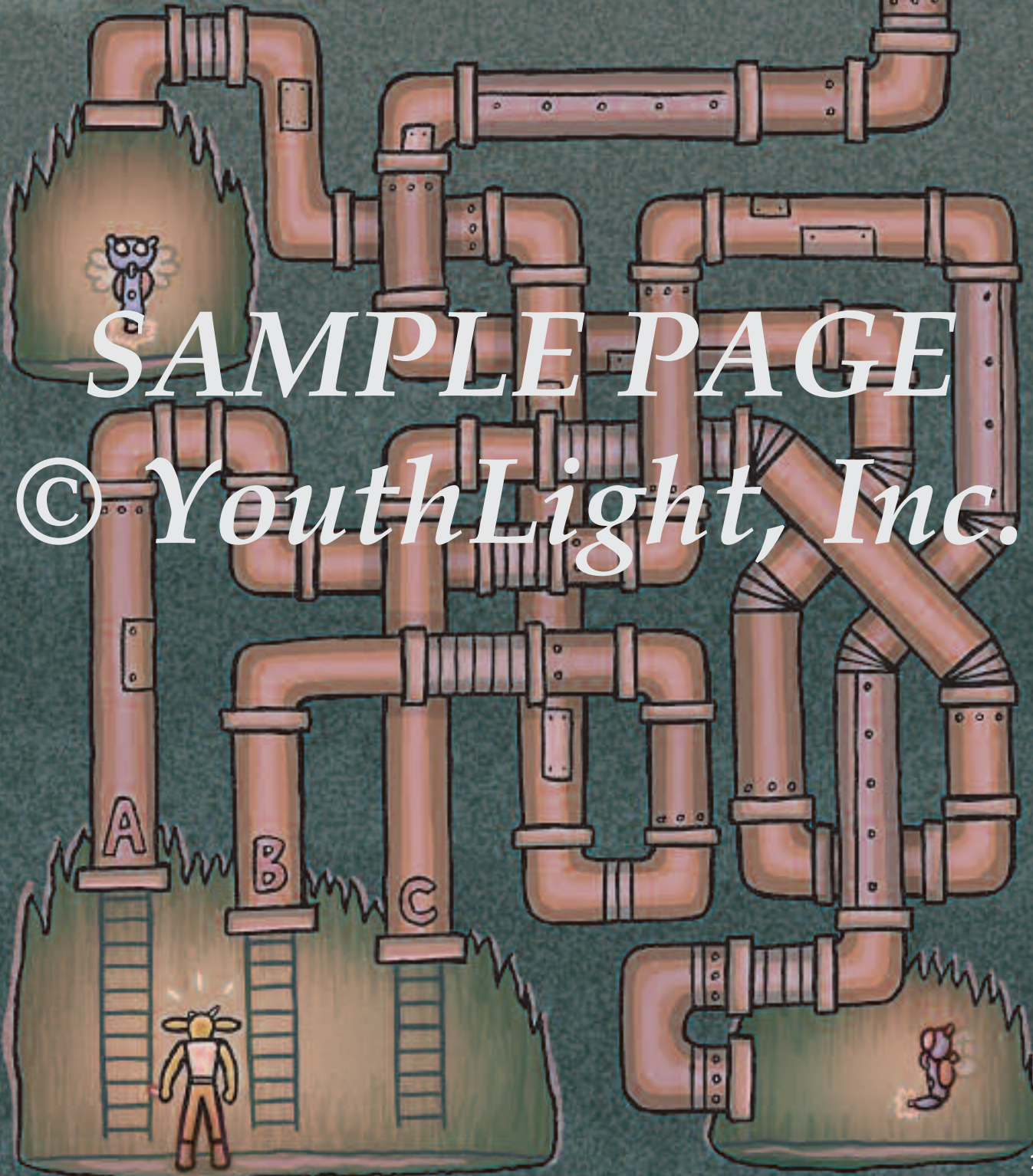
HAVE SOME DIRECTION!

Are you still motivated? I hope so, because that was only the first part to Finding Tiglos. Now write the answer from Row B (page 18) into the Coordinates box below. Then connect the dots on the map. If done correctly the coordinates will point right to Tiglos location. So stay motivated, be persistent, and Find Tiglos!



LEAN ON ME!

Just like you and me, Tiglos could really use his Friend's help. Help him find the right path to Max and Marcania.



SAMPLE PAGE

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