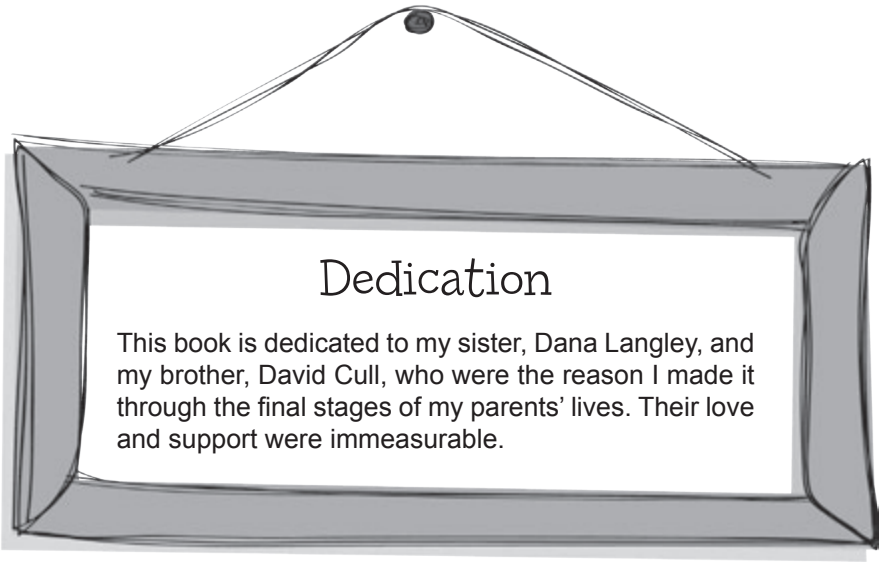
Dealing With A Serious Illness

A Reproducible Self-Exploration Book

For Children Dealing With The Long-Term Illness Of A Loved One

© Marco

By Rebecca C. Schmidt, M.Ed., LSW



Dealing With A Serious Illness

Paperback ISBN: 978-1-57543-262-5
eBook ISBN: 978-1-57543-263-2

Copyright © 2013 MAR*CO PRODUCTS, INC.
Published by Mar*co Products, Inc.
1443 Old York Road
Warminster, PA 18974
1-800-448-2197
www.marcoproducts.com

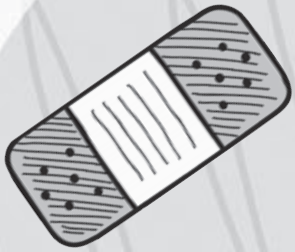
Graphics from: www.shutterstock.com

PERMISSION TO REPRODUCE: The purchaser may reproduce the activity sheets, free and without special permission, for participant use for a particular individual, group, or class. Reproduction of these materials for colleagues, an entire school or school system, or for commercial sale is strictly prohibited.

ALL RIGHTS RESERVED. This book is protected by copyright. Except as provided above, no part of this book may be reproduced or transmitted in whole or in part in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage or retrieval system without permission in writing by the publisher.

PUBLISHER'S NOTE: This publication is sold with the understanding that the publisher is not engaged in rendering psychological or other professional services. If expert assistance or counseling is needed, the services of a competent professional should be sought. Care has been taken to confirm the accuracy of the information presented and to describe generally accepted practices. However, the author, editors, and publisher are not responsible for errors or omissions or for any consequences from application of the information in this book and make no warranty, express or implied, with respect to the contents of the publication. Mar*co Products, Inc. is not responsible for the content of websites referenced in our publications. At the time of this book's publication (2013), all facts and figures cited are the most current available. If you find an error, please contact Mar*co Products, Inc.

To purchase additional copies of this book or request a catalog, call our customer service department at 1-800-448-2197.



Introduction

Children who experience the final stages of the life of a loved one will begin to grieve long before death occurs. This unique book, which gently guides children through the advanced stages of a long-term illness, can be adapted to any illness.

Children aware that the health of a loved one is deteriorating can benefit from knowing that, in most cases, they cannot catch the disease and they can do things to help their loved one feel better. These children also need to know, although not everyone with this particular disease dies, their loved one may. They need to be assured of the presence of wonderful people who will take good care of them if their loved one dies.

© Mar.co

Before presenting the program to the child, read the entire book and choose those pages that are appropriate for the child's situation. Drawing may help the child express feelings and, after completing each page together, the caring adult and child may discuss each concept in a relaxed and non-threatening way.

Counselors, parents, grandparents, or other caring adults can use *Dealing With A Serious Illness* to help ease the child through this difficult process.

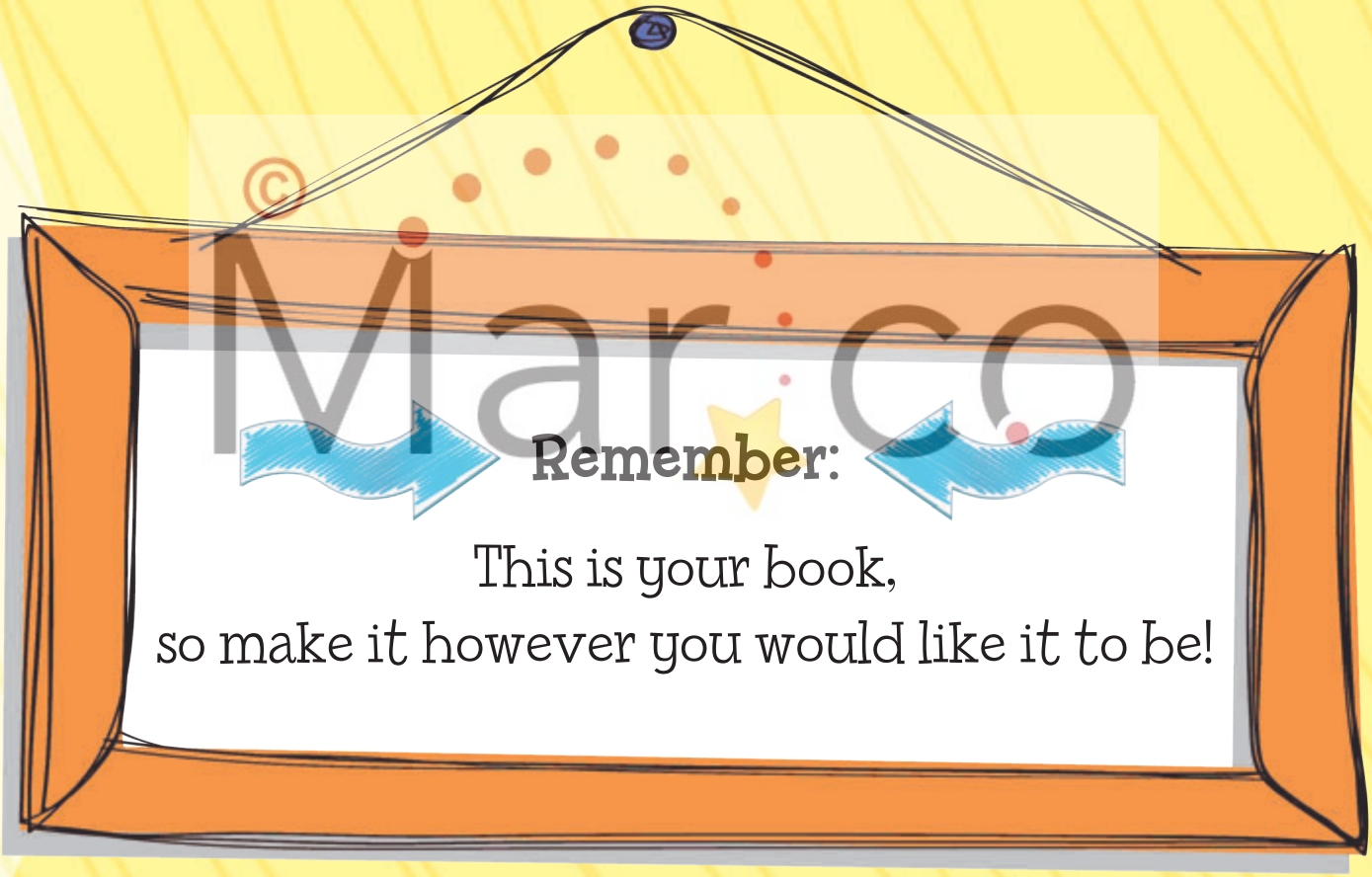
© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

THE FOLLOWING SAMPLES
ARE REPRODUCIBLE/PRINTABLE PAGES
INCLUDED ON THE CD-ROM

©Marco

Someone I Love
Is Very Ill

The purpose of this book is to help you understand what it is like when a loved one is very sick. The best part of this book is that it is written and illustrated by you! You may draw with pencils, crayons, markers, colored pencils, or with a mixture of them all. Use any colors you choose.



© Mar·co

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

This is a picture of my family.

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

When people have this illness,
doctors try lots of different medicines
and other treatments to make it go away.

Here is a picture of a doctor helping.

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

When the medicine does not work,
the sick person may get tired
very easily and want to sleep a lot.

Here is a picture of

taking a nap.

© Mar:co

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

When someone with this illness is not getting better,

doctors may decide the sick person will feel more comfortable at home than in the hospital. They may even bring a special hospital bed to the sick person's house. Here is a picture of

and me at home watching my favorite TV show.

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

There are many things I can do to help

feel loved and happy.

I can write a special letter,

draw pictures to decorate the room,

read a story to my loved one,

bring flowers to make the room look pretty and smell nice,

rub lotion on his or her hands,

or do other things that are gentle and quiet.

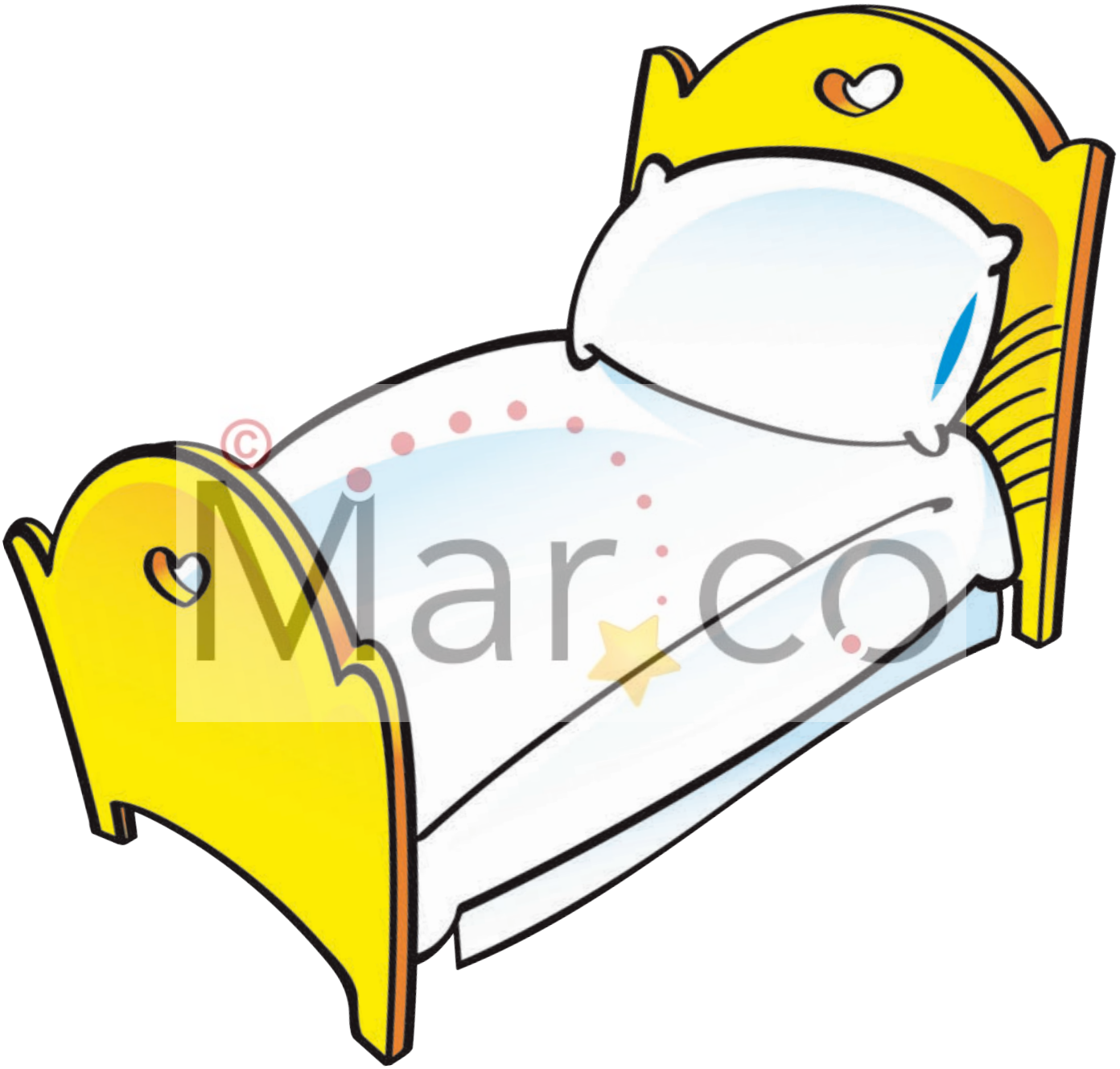
Here is a picture of me doing something to help.

Mar:co

© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197

I will be **very sad** if my loved one dies, but I will try to make myself feel cozy and comfortable.

Here is a picture of me trying to make myself comfortable and cozy by fixing my pillows or piling blankets on my bed.



© 2013 MAR★CO PRODUCTS, INC. 1-800-448-2197