Big Tweens Lil Tweens

A Peer Mentoring Guide For Preteen Girls

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Big Tweens
Lil Tweens
MOTTO

I AM SUPER...

TALENTED,
WORTHY,
EDUCATED,
ENERGETIC, &
NOTICEABLE.

I AM A
TERRIFIC
TWEEN!

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Activity:

Give each group member her folder and a copy of the *Defining Who You Are Sample* and *Defining Who You Are* handouts.

Have the group members open their folders and recite the *Big Tweens Lil Tweens Motto*:

I am super … talented, noticeable, worthy, educated, and energetic.
I am a terrific tween!

Then say:

Today, you are going to participate in an activity using the letters of your first name to describe positive character traits you possess.

Let's look at the Defining Who You Are Sample *to get a better understanding of the activity.* (Review the sample and answer any questions.)

Big tweens, please help the lil tweens with this activity and provide guidance if needed.

When it is clear that the group members understand the directions, tell them how much time they have to complete the handout.

Conclusion:

Conclude the session by having the group members share what they wrote on their *Defining Who You Are* handouts, then place both handouts in their folders.

Collect the group members' folders.

After the group members have returned to their classes, review the handouts placed in their folders.

Big Tweens

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Group Evaluation

NAME: **DATE:**

1.	Did you look forward to coming to this group?	☐ YES	☐ NO
2.	Did you form any new friendships by participating in this group?	☐ YES	☐ NO
3.	Did you feel that you were listened to in this group?	☐ YES	☐ NO
4.	Did you form a bond with your lil tween during group?	☐ YES	☐ NO
5.	Did you feel encouraged by anyone to help a lil tween?	☐ YES	☐ NO
6.	Was it difficult to make up work you missed by coming to group?	☐ YES	☐ NO
7.	Would you like to participate in another group?	☐ YES	☐ NO
8.	Would you recommend being big tween to other girls?	☐ YES	☐ NO

ADDITIONAL COMMENTS:

Thank you!

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