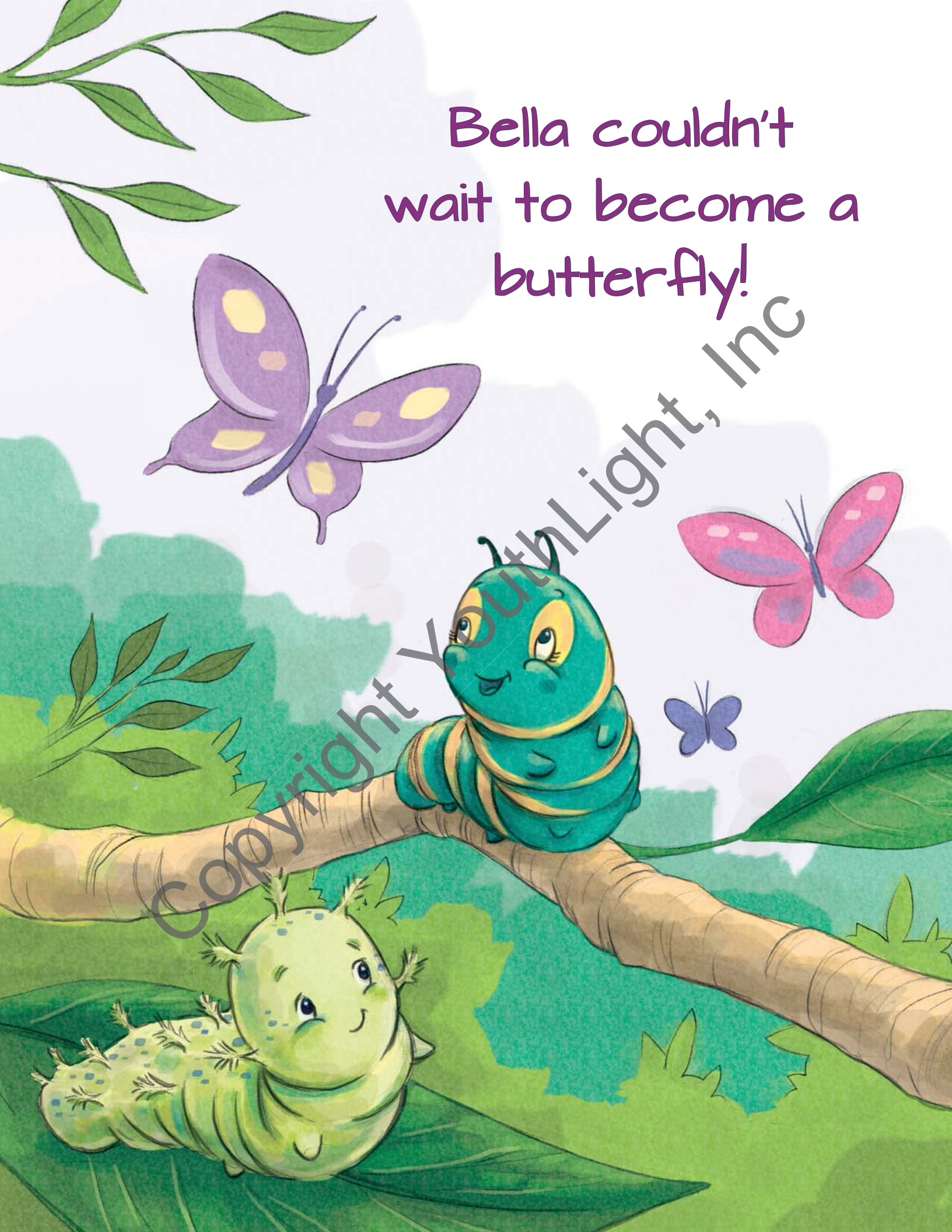


Bella couldn't
wait to become a
butterfly!



"I'll have the most beautiful, colorful wings," she would say, "and I'll be free to fly amongst the flowers."

Bella noticed her friends appeared more peaceful while waiting for their transformation, and she would ask, "How can you stay so calm? I feel like I am going to explode with excitement!"



Hearing her constant complaints, Bella's mother laughed and said, "I think I'm going to start calling you 'Squirmy' since you are full of squirmy, impatient energy! Your body and mind have a hard time paying attention to what is happening right now. My wise mother used to tell me, 'Be patient.' The most constant thing in life is change and everything happens when it is supposed to."

Squirmy would always respond in the same way, sighing heavily and sometimes even rolling her eyes. "I know mom, I know!"

